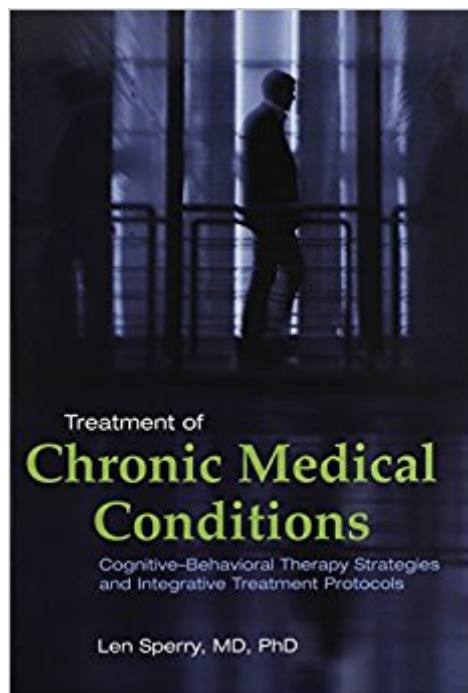




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Treatment Of Chronic Medical Conditions: Cognitive-Behavioral Therapy Strategies And Integrative Treatment Protocols



Synopsis

This text provides clinicians with focused cognitive-behavioural strategies and integrative treatment protocols for ten of the most common chronic medical conditions that the psychotherapist is likely to encounter. The strategies and protocols for these conditions are illustrated with case studies.

Book Information

Hardcover: 289 pages

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Average Customer Review: 3.0 out of 5 starsÂ Â See all reviewsÂ (2 customer reviews)

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Customer Reviews

A nice desk reference for clinicians. It covers a lot of different topics but doesn't go into great depth with any one topic. The content is written in accessible language for both health psychologists and other clinicians who are not as familiar with this area and literature. It probably wouldn't be a great stand alone text for someone who is health psychology specialist but is a nice book for working with trainees and other providers who are not as familiar with this area.

Boring, it could have explained the whole process with one chapter. It was too advanced for people without a background in medicine and too repetitive for those with anything more than a very basic background in medicine. Really could have been condoned to one chapter.

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